

2026 NCL II CROSS COUNTRY

FIRST DAY OF PRACTICE AUG. 10, 2026

MAXIMUM NUMBER OF CONTESTS **14**, MAXIMUM NUMBER OF SCRIMMAGES **2**

MEETS WILL BE HELD ON WEDNESDAY AND WILL START AT 4:00 p.m.

EACH TEAM SCORING AGAINST A DIFFERENT OPPONENT EACH WEEK.

SEPT. 9	HOST SCHOOL			
	SONOMA ACD	PUC	MENDOCINO	TOMALES
		CALISTOGA	SONOMA ACAD	TECH
	AT SPRING LAKE	ANDERSON VALLEY	CREDO	PT.ARENA
		ROSELAND UNIV	GEYSERVILLE	GRACE
		VICTORY		
SEPT. 16	CREDO	PUC	MENDOCINO	TOMALES
		CALISTOGA	SONOMA ACAD	TECH
	AT RAGLE RANCH PARK	ANDERSON VALLEY	CREDO	PT.ARENA
	SEBASTOPOL	ROSELAND UNIV	GERSEYVILLE	GRACE
		VICTORY		
SEPT.23 BYE				
SEPT. 30	TECH	MENDOCINO	TECH	ROSELAND UNIV
		TOMALES	CALISTOGA	PUC
	AT SPRING LAKE	ANDERSON VALLEY	CREDO	SONOMA ACAD
		PT.ARENA	GEYSERVILLE	GRACE
		VICTORY		
OCT. 6	ROSELAND UNIV	TECH	MENDOCINO	PUC
	****TUESDAY	SONOMA ACAD	ANDERSON VALLEY	CALISTOGA
	AT SPRING LAKE	TOMALES	ROSELAND UNIV	PT.ARENA
		CREDO	GEYSERVILLE	GRACE
		VICTORY		
OCT. 14 BYE				
OCT. 21	GEYSERVILLE	SONOMA ACAD	MENDOCINO	TOMALES
		CALISTOGA	PUC	ROSELAND UNIV
	AT GEYSERVILLE H.S.	CREDO	ANDERSON VALLEY	PT.ARENA
		TECH	GEYSERVILLE	GRACE
		VICTORY		
OCT. 28	TOMALES	SONOMA ACAD	MENDOCINO	CALISTOGA
		CREDO	PUC	TECH
	AT DILLON BEACH	ROSELAND UNIV	GEYSERVILLE	PT.ARENA
		TOMALES	ANDERSON VALLEY	GRACE
		VICTORY		

NOV 5th THURSDAY CHAMPIONSHIP AT SPRING LAKE

JV BOYS RACE @ 1:30

VAR GIRLS RACE @ 2:15

VAR BOYS RACE @ 3:00

REVISED 6/3/26